# **ALL THINGS NEW**

# A DISCIPLESHIP MINISTRY FOR LIFE TRANSFORMATION

# FACILITATOR GUIDE





All Things New: A Discipleship Ministry for Life Transformation All Things New Facilitator Guide

ISBN: 978-1-943852-96-3

Printed in the United States of America.

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True Potential, Inc.
PO Box 904
Travelers Rest, SC 29690
www.truepotentialmedia.com



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# INTRODUCTION

ALL THINGS NEW: A DISCIPLESHIP MINISTRY FOR HEALING is a Bible Study and Discipleship Ministry for all people who are disconnected from a personal intimate relationship with Jesus Christ and are not experiencing the abundant life that is promised in the Bible to all who surrender their whole lives to the Lordship of Jesus Christ. It is designed to be facilitated by lay leaders who have a heart for God. The purpose of the All Things New Ministry is to aid in the spiritual healing and growth of people who are hungry for life transformation. This ministry is designed to help release people from the bondage of sin and to allow them to experience healing from the effects of having their lives separated or distant from God.

It is important that the ministry leaders create a safe environment for healing; train participants in the Ministry to examine their lives in light of biblical truth; and cultivate personal intimacy with Jesus Christ that leads to true Discipleship. It is important that the ministry leader is able to be transparent about their own struggles with sin, to be honest about their relationship with God, and not pretend to be an expert in spirituality. By being transparent about our struggles with sin, we open up the dialogue and create a safe environment for healing.

Each participant in the discipleship ministry should connect with an Accountability Partner who serves as a mentor/Christian friend to pray for and support the participant as he/she works through the weekly lessons. Accountability Partners are not counselors or therapists; they are mature Christians who have a heart for serving and supporting others who desire to live a holy life and are committed to pray for the person that they are supporting.

The Facilitators and Accountability Partners agree to maintain the confidentiality of all participants in the ministry to provide a safe environment for people to openly discuss their feelings and struggles with sin. All information shared in the group must be kept confidential with limited exceptions, for example, if you believe a participant is at risk for suicide, or if you believe someone intends to harm another person, they need to be connected with professionals who can further help them.

## OTHER RESOURCES FOR COMPLETION OF THIS COURSE

It is recommended that the facilitator obtain a copy of *A Guide for Listening and Inner Healing Prayer: Meeting God in the Broken Places* by Rusty Rustenbach (NavPress 2011) ISBN: 978-1-61747-086-8 – used for Lesson #15 – Listening and Inner Healing Prayer.

This book walks you through the process of learning to listen to God for healing in prayer and was used by the author to develop this lesson. The second half of the book can be used by a facilitator to guide others through Listening and Inner Healing Prayer. A link to purchase this book and other resources to help facilitate Listening prayer can be found on Debora's website at www.allthingsnewlifetransformation.org

For the lesson on Spiritual Gifts and Calling (Lesson #19 on page 84), you will need to provide participants with a Spiritual Gifts Inventory Assessment tool. These can be found by searching the Internet or by visiting a Christian bookstore.

#### **SCHEDULING**

The in-class meetings are designed for a two-hour time block.

A typical weekly Bible Study class consists of:

- 5 minutes Scripture Memory Quiz/Demonstration
- 10 minutes Praise and Worship followed by Prayer (assign a participant to serve as Worship/ Prayer Leader for each class)
- 30 minutes Break Down the Memory Verse and Homework Discussion
- 60 70 minutes Weekly Lesson
- 5 minutes Closing Prayer

Visit Debora's Website for links to current information and resources: www.allthingsnewlifetransformation. org

#### WEEKLY HOMEWORK

Each in-class lesson is preceded by a week of homework that needs to be completed by each participant (and ministry leader) prior to meeting as a group. Each homework assignment consists of five days' worth of individual Bible study plus a Scripture that relates to the week's lesson and is to be memorized by each person. Scripture memory is demonstrated by either asking participants to recite Scripture from memory, or write it out and turn it in at the beginning of the class.

#### **ACCOUNTABILITY PARTNERS**

The Accountability Partner serves as a Christian mentor/friend to a person who is completing this Discipleship Ministry program. Their role is to encourage and provide unconditional love and a listening ear to a person who is trying to live a life pleasing to God. They should have a heart for hurting people and an ability to listen and continually point a person to Jesus for the deliverance and healing necessary to overcome the effects of sin. They should also pray regularly for the person they are paired with.

Each person that is interested in serving in this ministry should be screened by the ministry leaders prior to pairing them with a participant. There is a sample Accountability Partner Application in the FORMS section at the end of this Facilitator Guide that you can use for this purpose. It is important that each potential applicant has the right motives and a true heart for serving in this capacity, which has been demonstrated by their participation and service in other areas of ministry. It would be quite harmful to have a person serving as an Accountability Partner who is judgmental and condescending towards a person who struggles with sin, or who has some negative ulterior motive for wanting to serve in this capacity. All efforts must be made by the ministry leaders to create a safe environment for each of the participants in the ministry.

#### SAMPLE FORMS

Sample Forms are provided in the back of this Facilitator Guide for the administration and evaluation of this ministry.

#### **HOW TO USE THIS FACILITATOR GUIDE**

Each lesson plan in this facilitator's guide directly corresponds with the weekly homework assignments in the participant workbook. For example, Lesson #1 homework is to be completed by the participants prior to coming together as a class for discussion of Lesson #1.

The basic format for each lesson plan is as follows:

- 1. Reproduction of the introductory material for each homework assignment, including the weekly Scripture memory verse
- 2. Breakdown of the underlined key terms/concepts that make up the memory verse along with some questions to encourage discussion about the Scripture verse
- 3. Questions to encourage discussion about the homework
- 4. In-class exercises to include small group activities, and fill in the blank exercises
- 5. New lesson material that will lead into the next week's homework

For best results, the Group Facilitator should complete the homework and memorize the Scripture along with the participants before coming together to lead the group discussion. The Facilitator also needs to review and become familiar with the weekly Lesson Plan he/she will be using to facilitate the in-class discussions, as it may be necessary to modify the lesson plan to tailor the lesson to each group being served. Also, preparing ahead of time examples and testimonies from the life of the Facilitator related to the lesson will have a greater impact towards opening up discussion among the group than merely relying on the author's testimony.

As you review the Lesson Plans, you will see bulleted italicized text following many of the questions posed by the author. These are points that you should try to draw out of the class during discussion. For lessons that have an in-class exercise, the answers to the puzzles as well as the fill-in-the-blank exercises are provided in the Facilitator's Guide.

Throughout the Facilitator's Guide, you will find Scriptures to reinforce points being made in the lesson. Have a participant read the Scripture that corresponds to the point being made before revealing the answer to the fill-in-the-blank.

Use your imagination as a Facilitator to make each lesson interesting and engaging for the participants. Following are some ideas that you may want to incorporate into the weekly lessons:

- Ask for Testimonies of what God has done in the live of the participants this week
- Ask for Testimonies of what God has revealed to us through His Word this week
- Use worship videos at the beginning of class that correspond to, and reinforce the weekly lesson
- Show video clips to illustrate teaching points from the weekly lesson
- Incorporate comedy or a skit to illustrate a teaching point
- Arts and Crafts that reinforce a lesson
- Assign a person to bring in an illustration or object that reinforces the weekly lesson
- Team-building exercises in class

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# MINISTRY ORIENTATION MEETING

The orientation meeting is designed to set the expectations for those who have decided to join the ministry, and to ensure each Participant has the necessary materials to begin the first week homework assignment.

**TARGET AUDIENCE** - Ministry Participants and Potential Accountability Partners.

#### RESOURCES NEEDED FOR THIS CLASS

- Copies of the workbook used for this Ministry
- Registration Forms for potential Participants and Accountability Partners (located in FORMS section at the back of the Facilitator Guide)
- Copy of the Covenant Statement to be signed by all Participants (located in the FORMS section at the back of the Facilitator Guide)

#### WELCOME

#### **PRAYER**

# INTRODUCE MINISTRY FACILITATORS

#### **ICEBREAKER ACTIVITY**

Interview someone you don't know and then report to the group the answers provided by the person you interviewed

- When you were a little boy/girl, what did you want to 'be when you grow up'?
- Did you end up doing what you thought you would as a child?
- What is your most important accomplishment in life so far? What are you most proud of?

Following the icebreaker activity, have each person introduce themselves to the group and state why they are interested in participating in this ministry.

#### OVERVIEW AND EXPECTATIONS

- This ministry does not provide counseling of any sort
  - □ We are simply sisters/brothers in Christ who are coming alongside you as God helps you to heal from past wounds and help you to connect intimately with Jesus Christ for life transformation.
- Attendance
  - ☐ Each lesson builds on the previous lesson and it is important that you attend class each week
  - ☐ If you cannot come to class for any reason, please alert the facilitator

- Homework weekly lessons with 5 days of homework is in the Workbook
  - □ Complete the homework the week prior to meeting with the group.
- Scripture Memorization
  - □ written or oral quiz at the beginning of each class
- Accountability Partners will be assigned to each participant in the ministry
  - ☐ The men and women who have expressed an interest in serving in this capacity had to fill out an application to serve in this capacity and will be screened by the ministry leaders prior to being assigned to the participants.
- Prayer
  - ☐ God moves on our behalf when we pray.
- Confidentiality
  - □ What is shared in the weekly meetings stays in this ministry. We are here to learn and to heal and to grow spiritually.
  - □ We will respect each other's privacy at all times. •

HAVE ALL PARTICIPANTS SIGN A COPY OF THE COVENANT STATEMENT found in the FORMS Section of the Facilitator Guide. Make a copy of the signed document for each participant.

### **QUESTIONS & ANSWERS**

Assign Week #1 Homework

#### **CLOSING PRAYER**

Complete and turn in Registration Forms (as necessary)

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# The Word is Life



## **FACILITATOR'S GUIDE**

#### RESOURCES NEEDED FOR THIS CLASS

 Lesson #1 In-Class Discussion Fill in the Blank form (available in Workbook and in the ADDITIONAL CLASSROOM MATERIALS FOR INDIVIDUAL LESSONS Section of this Facilitator Guide)

God speaks to us today through his written Word, which has the amazing power to transform your life if you read and study it daily. It is living and powerful and discerns the thoughts and intents of our hearts (Hebrews 4:12-13). It is inspired by God and equips us for the work God has for our lives (2 Timothy 3:16-17). There are numerous Scriptures in the Bible where God tells us about the power of His Word to transform our lives:

Joshua 1:8 - This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Jeremiah 23:29 - "Is not My word like a fire?" says the Lord, "And like a hammer that breaks the rock in pieces?"

1 Peter 1:23 - ...the word of God ... lives and abides forever.

1 Thessalonians 2:13 - For this reason we also thank God without ceasing, because when you received the word of God which you heard from us, you welcomed it not as the word of men, but as it is in truth, the word of God, which also effectively works in you who believe.

John 17:17 - Sanctify them by Your truth. Your word is truth.

Acts 20:32 - So now, brethren, I commend you to God and to the word of His grace, which is able to build you up and give you an inheritance among all those who are sanctified.

God's Word makes us prosperous and successful; it breaks up sin in our lives; it lives and abides forever; effectively works in our lives; brings truth; builds us up and gives an eternal inheritance. What awesome power and amazing promises!

We will be walking a journey together through the Word of God to learn how He transforms lives and brings hope and healing to His children who desire to know Him more. God loves you and He demonstrates His love all throughout the Bible, which is His written word of hope for all people. Let's begin our journey together and see what He has in store for you.